



## Governor's Update

*IOWA ACP GOVERNOR, KATHERINE I. HARRIS, MD, FACP*

As Fall has officially started, the one thing on everyone's mind is obviously....the Iowa ACP Meeting! Yes! It's coming soon and in a NEW LOCATION! On October 9th and 10th we will hold many activities in conjunction with the Progress in Internal Medicine meeting. And this year, we will be in **Des Moines!** We will gather to build community, discuss our Iowa ACP Chapter, and support residents from across the state in the Doctor's Dilemma Competition, a jeopardy-style game. We also have some sessions to build connections and share meals. We will have our annual chapter meeting with awards, Doctor's Dilemma, and Story Slam. And the fun doesn't stop there, we will be supplying breakfast for all members on Friday morning, hosted by the International Medical Graduates (IMG) and Early Career Physicians (ECP) Committees, as well as a Women in Medicine luncheon on Friday at noon. Please join us for these great opportunities!

I would also encourage you to attend the [Progress in Internal Medicine](#) meeting. It's a wonderful educational opportunity and the agenda is full of great topics-from opioids and end-of-life care to GLP-1s and cardiology in the hospital. Please go and support some of our wonderful ACP members, including **Dr. Joe Szot and Dr. Katie White!** It really is a conference geared to support all of us in the care of our patients.

I also wanted to call your attention to a fun upcoming vote: for the future **Governor-Elect for the Iowa ACP!** This person will learn all about ACP and the Governor role from April 2026-April 2027 and then take over the role as Governor. Voting ballots have been sent out, so check your inbox for information on how to cast your vote.

If you've missed any of the amazing talks we have had through our Iowa ACP Chapter, we are starting to collect them on the website. [Click here for our library of talks.](#)

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## Progress in Internal Medicine

**October 9-10, 2025**

**Des Moines, IA**

*Hilton Garden Inn West Des Moines, 205 S 64th St, West Des Moines, IA*

## ACP Event Schedule

- October 9
  - 3:30 PM - Clinical Vignette Competition
  - 5:00 PM - ACP Chapter Business Meeting
  - 5:30 PM - Awards Ceremony
  - 6:00 PM - Doctor's Dilemma
  - 6:45 PM - Story Slam

Sign up to share your story during Story Slam! We are looking for stories that are about 5 min in length and focus on **Blunders**. We've all had those moments — the foot-in-mouth comments, the "wait... what just happened?" situations. Come share your funniest, most cringe-worthy, or surprisingly heartwarming blunder from the world of medicine.

Sign Up!

- October 10
  - 7:00 AM - International Medical Graduates (IMG) & Early Career Physicians (ECP) Breakfast [RSVP](#)
  - 12:00 PM - WIM Luncheon [RSVP](#)

## Advocacy in Action

### Upcoming events:

State Health Policy Webinar scheduled on Wednesday, November 5, from 5:00-6:30 pm

### Save the Date:

Leadership Day 2026 in Washington DC is on Tuesday, May 12- Wednesday May 13.

More information will be coming out to apply for funding to support your trip!

### Vaccine information from ACP:

For updated clinical resources, latest advocacy efforts by ACP, and resources to increase immunization rates can be found here:

<https://www.acponline.org/clinical-information/clinical-resources-products/adult-immunization>

There's been a lot of activity in the news regarding vaccines and ACP is leading the way and speaking out. Jason Goldman, President of ACP, has been featured in multiple news outlets and publications discussing vaccines (ABC News on 9/20/25, CBS News, publications in Annals of Internal Medicine, and many others). ACP is working to develop evidence-based, data-driven recommendations for immunizations to help physicians and patients navigate these confusing times.

## Get Ready to Vote in our Iowa Chapter Governor Election

It's time to vote for our next Chapter Governor! The Governor serves as the official representative of the College for the chapter, providing a link

between members at the local level and leadership at the national level.

This year we have two superb candidates running for Governor-elect, Steven P. Joyce, MD, FACP AND Jill M. Powers, DO, FACP.

**Click here for Candidate Information –  
2025 Iowa Governor-elect Election**

The election will take place between September 26, 2025 and November 7, 2025. Ballots arrived in your email inbox around September 26.

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## **Congratulations, New Iowa Fellows!**

**Rebekah S Bartsch Bond, MD FACP** and **Melissa B Ludgate, MD FACP** were approved by the Credentials Committee for election on September 1, 2025. Congratulations on your election to fellowship!

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From ACP

## **Vaccines: Decision Making Amid Conflicting Recommendations**

*Eligible for CME Point-of-Care*

Vaccinations are among the most impactful of all public health interventions —protecting not only the vaccinee but also those around them. When polio vaccines were introduced, people clamored to receive them to avoid polio-related death and disability. Influenza vaccines have prevented countless lost days from school or work, hospitalizations, and deaths. Hepatitis B vaccines can prevent serious complications, including chronic liver damage and hepatocarcinoma. Some deadly infections such as smallpox have been virtually eliminated by vaccines. Yet in the United States, vaccination has become a political lightning rod instead of a foundational component of public health. [Read More](#)

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## **Save Big On Your Next Getaway With ACP!**

ACP is excited to debut a new member benefit that makes rest and recreation more accessible. ACP's Travel & Entertainment Discount Program offers **member-exclusive pricing** on everything from hotel stays and car rentals to amusement parks, concerts, and local attractions. Wherever your plans take you, your member benefits follow. Visit [acponline.org/go](https://acponline.org/go) to save **\$250 annually!**\* \*Actual savings may vary depending on travel dates, destinations, availability, and individual usage.

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## **Member Benefit Highlight**

### **ACP Releases New Online Modules on Continuous Glucose Monitoring**

ACP's new free online program focused on the latest Continuous Glucose Monitoring (CGM) technology helps members advance their diabetes management skills. Explicitly designed for ACP members, this two-part series offers practical insights for integrating CGM into treatment plans for patients with type 2 diabetes.

The CGM content includes:

- Tips on selecting and using the right CGM device based on patient needs and medications
- Strategies for shared decision-making to support better glycemic control
- Interactive case studies that translate theory into real-world clinical practice
- Insurance and billing guidance to improve patient access to CGM

Members can also earn CME credit while gaining actionable skills to improve diabetes outcomes.

Start the program today - [Continuous Glucose Monitoring](#) | [ACP Online](#)

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## **New Blood Pressure Guidelines Issued**

New Blood Pressure Guidelines have been issued for the first time in eight years by the American Heart Association and the American College of Cardiology. Click [here](#) for more information.